

Acceptance Prayer

(A.A. Big Book) Page 417

Acceptance is the answer to ALL of my problems today. When I am disturbed, it is because I find some person, place, thing or situation- some fact of my life- unacceptable to me, and I can find no serenity until I accept that person, place, thing, or situation as being exactly the way it is supposed to be at this moment. Nothing, absolutely nothing, happens in God's world by mistake. Until I could accept my alcoholism, I could not stay sober; unless I accept my life completely on life's terms, I cannot be happy. I need to concentrate not so much on what needs to be changed in the world as on what needs to be changed in me and in my attitudes.

After a moment of silence for the alcoholic who still suffers within and outside these rooms, will you please join me in (*Readers' Choice*): the **Lord's Prayer or the **Serenity Prayer**?**