

# LETTING GO

**TO LET GO DOES NOT MEAN TO STOP CARING, MEANS I CAN'T DO IT FOR SOMEONE ELSE.**

**TO LET GO IS NOT TO CUT MYSELF OFF, IT'S THE REALIZATION I CAN'T CONTROL ANOTHER.**

**TO LET GO IS NOT TO ENABLE, BUT TO ALLOW LEARNING FROM NATURAL CONSEQUENCES.**

**TO LET GO IS TO ADMIT POWERLESSNESS, WHICH MEANS THE OUTCOME IS NOT IN MY HANDS.**

**TO LET GO IS NOT TO TRY TO BLAME OR CHANGE ANOTHER. IT'S TO MAKE THE MOST OF MYSELF.**

**TO LET GO IS NOT TO CARE FOR, BUT TO CARE ABOUT.**

**TO LET GO IS NOT TO FIX, BUT TO BE SUPPORTIVE.**

**TO LET GO IS NOT TO JUDGE, BUT TO ALLOW ANOTHER TO BE A HUMAN BEING.**

**TO LET GO IS NOT TO BE IN THE MIDDLE ARRANGING ALL THE OUTCOMES, BUT TO ALLOW ANOTHER TO AFFECT THEIR OWN DESTINIES.**

**TO LET GO IS NOT TO BE PROTECTIVE, IT'S TO PERMIT ANOTHER TO FACE REALITY.**

**TO LET GO IS NOT TO DENY, BUT TO ACCEPT.**

**TO LET GO IS NOT TO NAG, SCOLD, OR ARGUE, BUT INSTEAD TO SEARCH OUT MY OWN SHORTCOMINGS AND CORRECT THEM.**

**TO LET GO IS NOT TO ADJUST EVERYTHING TO MY DESIRES, BUT TO TAKE EACH DAY AS IT COMES, AND CHERISH MYSELF IN IT.**

**TO LET GO IS NOT TO REGRET THE PAST, BUT TO GROW AND LIVE FOR THE FUTURE.**

**TO LET GO IS TO FEAR LESS AND LOVE MORE.**